

°°Building up of Running Contacts Online Classes°° -
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°°RC Basic°° and °°RC Extended°° are associated units!
°°RC Challenges°° is an additional option.

There are the following options for participating in my online training:

°°RC Basic°° - Working Spot

- The basic requirements mentioned on my homepage should be complied.
- Successful completion enables for participation in RC Extended.

°°RC Basic°° - Auditor

- Participation for anyone, no basic requirements necessary.
- Access to all teaching and learning contents of the working spots.
- No own questions or videos – only „silent observer“.

°°RC Extended°° - Working Spot

- Basic requirement is the successful completion of RC Basic (via Working Spot)
 - All learning contents of RC Basic need to be consolidated, otherwise participation is not possible.
- The basic building up of Running Contacts training is finished with successful completion of the RC Extended.
- The consolidation of all learning contents of RC Extended enables for participation in RC Challenges.

°°RC Extended°° - Auditor

- Participation for anyone, no basic requirements necessary.
- Access to all teaching and learning contents of the working spots.
- No own questions or videos – only „silent observer“.

°°RC Challenges°° - Working Spot

- Basic requirement is the successful completion of RC Extended (via Working Spot)
 - The learning contents of RC Extended need to be consolidated, otherwise participation is not possible.
- RC Challenges offers particularly difficult challenges within RC training
- This Class is an additional option.

°°RC Challenges°° - Auditor

- Participation for anyone, no basic requirements necessary.
- Access to all teaching and learning contents of the working spots.
- No own questions or videos – only „silent observer“.